

Questions to consider when you are organising your Explorer/Adventurer level hike.

1. Does the date suit everyone?
2. Have you organised a leader and or parent helper to come along?
3. Do you need to book your camping spot?
4. Do you have a suitable and detailed map of your hike area?
5. Have you planned your route and camping spots?
6. Have you organised your tents, packs and cooking gear – do you have enough fuel?
7. Have you organised your equipment and clothes list including shared items?
8. Have you made sure everyone's pack is no more than 20% of their body weight.
9. Have you applied Naismiths rule to work out how long it will take for you to complete each day of your hike?
10. Are there any weather conditions that may be a problem – fires, high wind, extreme cold/heat etc?
11. Do any members of your team have a medical condition such as being allergic to any foods?
12. Do you have a strategy for dealing with emergency evacuations?
13. Do you have an adequate first aid and/or survival kit?
14. Do you have a compass, walkie talkies and a GPS with spare batteries?
15. Is the group size appropriate for the activity?
16. Is the distance you are planning to travel suitable – at least 15km for Explorer level and 30 km for Adventure Level
17. If you are completing Adventurer Level has the trip been checked by the District Scout Leader?
18. Have you checked that the hike is not in a no-go zone for scouts ie. Above the snow line/too difficult an area.
19. Is the hike suitable for your level of experience? Do not plan to hike more than 10km per day.
20. Is water available along the hike route – is it suitable to drink?
21. Have you worked out what time to depart and where to meet?
22. Have you notified people of your hike route and when you intend to return?
23. Have you organised transport to and from your hike?
24. If your hike is not a circuit have you organised a car shuffle?
25. Are there any forms you need to fill out before you go?