

EQUIPMENT & CLOTHING FOR SNOW CAMPING

- Good waterproof tent double skin, breathable inner, don't forget the snow pegs
- Good rucksack – maximum weight loaded 15 kgs
- Good sleeping bag rated minus 5 degrees Celsius or better – with hood, zip, flap, down/hollow fibre filling (not sewn through) - inner sheet
- Compass whistle and waterproof matches
- Plastic sheet for igloo tent or tent floor
- Reliable cooking device and fuel
- Closed cell foam sleeping mat and space blanket
- Candle (at least one) & firelighters
- Snow shovel – share it
- Water bottle
- First aid kit
- Plastic garbage bags for waterproofing pack contents
- Sun glasses (snow goggles & anti-sunburn cream are desirable)
- Waterproof jacket & overpants – goretex/japara – not padded parka, not bib & brace, not leather
- Warm trousers eg wool army pants – not jeans or cotton
- Long underwear/thermal underwear
- Three or four jumpers or outer layers – wool or polypropylene/fibre pile – and/or wool/flanellette shirts
- Mitts or gloves – not vinyl – bring spares
- Wool socks – several pairs
- Change of warm dry clothing
- Optional – bum bag or light day pack
- Plus your usual camping gear