

# Draft 2nd Mornington Sea Scouts (to be rewritten)

## EXPLORER / ADVENTURER\* LEVEL JOURNEY PLAN

\* - delete as required

**CANDIDATES NAME:** ..... Email: .....

**SCOUT TROOP:** .....

**HIKE LOCATION:** .....  
(Start point – finish point)

**DATES:** From ..... To .....

**The purpose of this document is to ensure that the Candidate has planned and adequately prepared for the journey.**

- Journey Instructions, Tasks and Special Instructions are to be issued by the Examiner.
- Journey Plan to be completed by Candidate then discussed with Examiner who **MUST BE** entirely satisfied before signing acceptance **NOT LESS THAN TWO WEEKS PRIOR TO JOURNEY**. See planning timeline at the end of this plan.

**WARNING: MOST JOURNEYS THAT FAIL TO LAUNCH ARE THE RESULT OF POOR OR LATE PLANNING.  
DON'T LET THIS HAPPEN TO YOU. PLAN EARLY AND WELL AND IT WILL GO WELL.**

- Adventurer Level candidates should complete the resection task (Campcraft Nav 4.c.) before undertaking the hike.
- Parents are requested not to visit, shadow or contact hikers during the hike. If contact is required, please do that through the designated scout leader.
- Scout Hike leaders must provide copies of the completed plan for distribution before the hike as follows:
  1. Original retained by Candidate (and included in hike log)
  2. Copy to Journey Supervisor including copies of PIRs
  3. Copy to Journey Examiner
  - 4&5. 2 copies to the Contact Officer - This allows one copy to be provided to Police/Search and Rescue if the need arises. (The Police will require details including the details of the briefing given prior to departure, health, provisions, equipment and planned strategies in the event of emergency or becoming lost).

### 1. JOURNEY INSTRUCTIONS:

(To be assigned by Examiner in conjunction with the Scout's Leader)

Supervisor's Name ..... Phone No. ....

Examiner's Name: ..... Phone No.....

### 2. LOCATION:

Map name and map sheet reference	Map scale	Date
eg Brisbane Forest Park, Ed 2 topographic map	1:30 000	1998
Or detail other maps appropriate to the route		

**3. GRID REFERENCES:**

Starting Point:.....

Checkpoints: 1 .....

2 .....

3 .....

4 .....

5 .....

6 .....

7 .....

8 .....

Finish Point:.....

[Adventurer-level hike leaders are to call their contact officer at each checkpoint]

**4. TASKS/SPECIAL INSTRUCTIONS: (Provided by Examiner)**

.....  
.....  
.....  
.....

**5. TEAM MEMBERS: (Candidate to complete)**

(Minimum party of 5 at all times - Maximum of 2 to be assessed for Explorer award and one for Adventurer award unless Troop Council agrees otherwise)

Full Journey:

<b>Name</b>	<b>Phone No</b>	<b>Address</b>	<b>Troop</b>	<b>Award Scheme Level</b>	<b>Age</b>
1 .....					
2 .....					
3 .....					
4 .....					
5 .....					
6 .....					

Part Journey (If any hikers cannot complete the full journey):

Name	Phone No	Address	Troop	Award Scheme Level	Age
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1 .....

2 .....

Journey Command Allocation (for two journeys with 2 scouts examined)

PL in charge Day 1: ..... Date/Time of change over .....

PL in charge Day 2 ..... (PL not in charge supports as APL.)

**6. TRANSPORTATION: (Candidate to complete)**

To Start Point: Names & Phone No's. ....

From Finish Point: Names & Phone No's. ....

(Do not go home or leave finish point until given the OK by your Supervisor)

**7. PROPOSED HIKE PLAN: (Candidate to complete the attached Route Plan)**

Give details of planned route, types of terrain to be traversed, all activities and tasks en route, proposed meal and camp locations with estimated times at each location and to each checkpoint.

Meeting Point (final checks) ..... Meeting Time .....

Start Point ..... Start Time .....

Finish Point ..... Optimistic Finish Time .....

Pessimistic Finish Time .....

**Include a photocopy of your map marked with the expedition route.**

Indicate the boundaries of the expedition area in red, the planned route in blue, checkpoints in green and evacuation routes in orange (highlighters preferably).

**8. PROPOSED MENU: (Candidate to complete) Provide details of planned menu:**

Friday Supper.....

Saturday Breakfast.....

Lunch.....

Dinner.....

Supper.....

Sunday Breakfast.....

Lunch.....

Water to be carried.....litre per person and refilled up at .....

**9. EQUIPMENT LIST: (Candidate to complete)**

Itemise equipment to be carried by the Team:

NB. For safety reasons camouflage clothing is NOT recommended.

- |                    |   |
|--------------------|---|
| 1. <b>Personal</b> | 2. <b>Common Equipment shared by all:</b> |
|--------------------|---|

.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....
.....	.....

**10. FIRST AID EQUIPMENT: (Candidate to complete)**

Detail items to be carried as **group First Aid** equipment including snake bite gear bandages & water purification. Each participant must also carry a personal First Aid Kit.

FIRST AID: .....

.....

.....

Name of Scouts with first aid training and their Emergencies badge level:

.....

.....

.....

**11. GROUP EMERGENCY EQUIPMENT: (carried amongst the group)**

(Each participant must be proficient in the use of all safety equipment under adverse weather conditions)

- |                              |                   |                                 |
|------------------------------|-------------------|---------------------------------|
| Waterproof matches           | emergency blanket | 4 metre lashing cord            |
| a 20cm candle for fire/smoke | or space blanket  | food and water for an extra day |
| signalling mirror/CD         | whistle           |                                 |
|                              | glow stick        |                                 |

Other Appropriate Safety Equipment to be taken:

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## 12. ACTION IF DISORIENTATED OR INJURED

### If Disorientated.

1. Don't panic, stop, rest, eat something and try to relocate yourself by orientating your map and looking at the features around you ie hills, gullies tracks. Refer to notes and map and retrace your route mentally to identify your possible error.
2. If you believe you can walk back to your last confirmed checkpoint do so, and recheck your navigation.
3. If you are completely lost – stay on tracks and move to the next high point to check on your location, and get phone coverage. Try to identify where you are by taking bearings on major features to enable triangulation of your position. If you are still lost, call your contact person on your mobile phone.
4. If you do not have phone coverage select a spot on a track where you can be seen from the air, stay put, set up camp, light a small smoky fire (if safe to do), relax and wait for help.
5. Hiking at night is not to be considered unless in case of injury or emergency.
6. The Patrol Leader is to decide on course of action after considering all the facts, observations and constructive observations from members of the party. The decision of the PL is binding on all members of the patrol at all times.

### If Self Evacuation is required

1. Advise your Supervisor or contact officer (if possible) and confirm need to evacuate.
2. Select the most suitable exit route, and move steadily to your evacuation point. Mark the route with trail signs that would be obvious to a searcher, in conjunction with weather resistant notes stating condition of party, intentions and date time that party passed that location.
3. Stay together at all times. Keep everyone positive and cheerful.

### Injury or Emergency. (Party requires rescue by others)

1. Remain calm. Don't leave the injured person alone, provide first aid treatment and if the injury is serious call for help on the mobile phone (if you have phone coverage).
2. Stay put, make the casualty and yourselves comfortable and wait for help to arrive. Ration food and water if necessary and conserve communications and energy. Keep everyone positive and cheerful.
3. Make you location obvious. Display bright clothing or equipment. Maintain a safe fire with generous smoke (by day) and flame (by night). Give three even whistle blasts every half hour to aid search parties. Hail passing walkers.
4. If you do not have phone coverage then two members of your group are to walk as fast as possible to a location where you know that you can get mobile phone communications and call for help on your mobile phone. The remainder are to stay and care for the patient.
5. If the patient requires urgent treatment to save their life call for help immediately, make a stretcher and carry the casualty to the nearest road or access point. Do not move the patient if spinal injury is suspected.

• GPS for compass validation (NB. Not normally used) Yes OR No (tick one)

• Electronic Location Beacon Yes OR No (tick one)

#### If "YES"

- Participants trained in appropriate activation circumstances
- Participants trained in activation procedures -

Yes OR No (tick one)

Yes OR No (tick one)

The focus for Scouting **MUST** be to ensure appropriate management and creditable usage of ELB. The activation of this "insurance mechanism" should be made virtually redundant through more than adequately prepared hikers being encouraged, coached and monitored by enthusiastic Leaders with proven proficiency in hiking.

"Police Officer in Charge" of relevant Police District advised:

- Hike details - Yes OR No (tick one)
- Advised that ELB is being carried - Yes OR No (tick one)

**13. PROPOSED EVACUATION PLAN: (Candidate to complete)**

Detail plans of evacuation and specific evacuation points in the event of emergency.

Evac Point.	Grid Ref.	Description
1.....		
2.....		
3.....		
4.....		
5.....		

**14. COMMUNICATION EQUIPMENT CARRIED WITH PARTY:**

Mobile Phone No.	Type: Next G / GSM / CDMA	User Name
Leader 1 .....		
Leader 2 / Backup .....		
Radio Type .....	Priority Channels .....	
Scheduled contact plan: .....		
The time and date at which Police are to be informed of non-return is.....		

**15. EMERGENCY CONTACT DETAILS:**

Name	Phone No
The Contact Officer for this activity is .....	Primary: .....
Alternate: .....	

The Contact Officer is to remain sober, available and contactable for the duration of the activity AND until advised to stand down by the Activity Leader (in the event of any changes to plans.) The contact officer is to channel and document all communication between the field party and the hike supervisor, transport party, and all the parents in the event of delayed return or any other contingency. Full operating instructions, contact details and plan to be given to the Contact Officer. The Contact Officer should brief the relevant Police within one hour of the pessimistic E.T.A. in the event of unexplained non-arrival.

Hike Supervisor	.....	.....
Ranger	.....	.....
Police	.....	.....
Hospital	.....	.....
Group Leader	.....	.....

## 16. APPROVALS RECEIVED TO ENTER PROPERTY:

(Park Rangers/Property Owners/Scout HQ if camping in BP Park)

Name	Ph. No.	Park / Property Location	Permit No.
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## 17. AUTHORISATION CHECKLIST:

Action:	Signature	Date
1. Personal Information Record (PIR) (Forms signed by Parents and originals attached to this Plan)	..... (Hike Supervisor)	.....
2. Countersigned (Signed by Candidate, initialled by SL and approved by GL.)	..... (Group Leader)	.....
3. Hike is: <b>AUTHORISED / NOT AUTHORISED*</b> by Examiner ( <b>2 weeks prior</b> to journey)	..... (Hike Examiner)	.....

Note: Amendments to approved plan must be advised and noted below:

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.....

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**Final Checks before departure:** Conducted by PLs for Supervisor before leaving assembly point. Need bathroom scales, paper, pen and calculator.

1. **Check all C4s.** Make sure the PL has them all, and any medication is checked.
2. **Check gear serviceability and suitability.** No broken or worn out gear, serviceable hats, shoes and clothing. Ensure all gear is present eg first aid kits, all parts of the tent etc.
3. **Weight in.** Check packs are no more than 25% of body weight. Redistribute or reduce gear as required. Check quantity of water carried – min 3 litres each in summer, 2 litres in winter.
4. **Phone check.** Check all phones work, call key number and record in contacts, check batteries are fully charged. Confirm contact points / times and key info to be sent.
5. **Time Check.** Check at least two watches in group and check time is correct.
6. **Review weather forecast.** Discuss bad weather plan if necessary
7. **Confirm action on lost or injury.** From para 12 of plan.
8. **Remind patrol.** That their aim is to enjoy the hike, and to support the patrol leaders.

**Supervisor to remind patrol leaders.** To navigate carefully, lead confidently and communicate clearly and regularly with patrol members and contact officer.